

Instructions after root canal treatment

- Avoid eating on the tooth being treated for at least two to three days because this tooth may be tender when you bite down.
- Avoid chewing anything sticky with the tooth being treated; the temporary filling can become dislodged. The temporary filling material requires at least one hour to harden. Do not eat until the anesthetic wears off. Do not be alarmed if small pieces of the temporary filling material come off during eating. If you do notice a large void in the treated tooth, call us immediately to replace the temporary filling.
- Take an over the counter pain reliever (Tylenol, Aspirin, Bufferin, Anacin, Alleve, Motrin, Nuprin) for mild discomfort.
- Take the prescribed pain reliever if the discomfort is more severe. The prescribed pain medication has a narcotic; this may cause nausea. Do not drive when taking this prescription
- An antibiotic was prescribed to prevent infection after your treatment. Antibiotics may interfere with the effectiveness of oral contraceptives. If you have any concerns about the interactions or side effects of you medication please contact me.
- Call me immediately if the pain persists or feels worse. Call me if swelling develops or any other difficulties arise.
- A crown and/or post must be placed on this tooth in a timely manner to insure success of the root canal procedure. Please check your upcoming appointment.
- Please call 212.962.1305 or email me at mmandmd@gmail.com if you have any concerns.